



Weld County 4-H CWF Record

2014-2015

Year One

Project:	Name:
Unit Number and/or Title:	4-H Club:
Year in this Project: (include current year)	County:
Age Group (check one): <input type="checkbox"/> Junior (8-10) <input type="checkbox"/> Intermediate (11-13) <input type="checkbox"/> Senior (14-18)	
Birthdate: (mm/dd/yy)	
Age: (As of December 31, 2014)	

Project and exhibit guidelines for each project are listed in the State Fair Exhibit Requirements available on the web at www.colorado-4h.org.

I declare that the information in this book is correct and all 4-H requirements have been completed to the best of my knowledge.

Member's Signature	date
Leader's Signature	date
Parent/Guardian Signature	date



How I Participate in 4-H!

Categories of Participation	Description/Project Title
CWF Activity Log (meetings, information sessions, mixers, etc)	
What Leadership Development experiences did you participate in? (club/district/state/officer, committee chair, LDC, CLC, YouthFest, State Conference, Jr./Teen leader, pledge leader, etc.)	

4-H	Date	Hours	Activity/Title	Location
Citizenship/Community Service (First priority is to 4-H related community service –then community service other than 4-H)				
Demonstrations/Presentations/Speeches		NA		
		NA		
		NA		

Photographs from your 4-H Project

A minimum of four pictures is required that demonstrates the progress of the project. Additional photos can be added. Pictures must be project-specific and each picture should have a caption that describes what is occurring in the picture.

CWF Explore/ Citizenship Essay

CWF Explore

A. Answer the following questions.

1. What is the 4-H motto?
2. What is the 4-H slogan?
3. When was 4-H founded?
4. What opportunities does 4-H provide?
5. What are the 4 "H"s and what does each one represent?

B. At the end of your e-record, please include a copy of the 4-H Code of Conduct. Read through the Code of Conduct and sign below that you have read through them.

I, _____, have attached and read through the Code of Conduct.

C. Include any handouts you receive at meetings, and place those at the end of the record. You will add to your record book for each year of the project.

CWF Citizenship Essay

You can type or hand-write your essay. If you hand-write the essay, use pencil or ink on lined white notebook paper. If a typewriter or computer is used to write the story, use plain white paper with no smaller than 12-point font. Leave a wide enough margin so the story can be read if inserted into a report cover. You will also be able to spell-check your essay. The essay can be single or double-spaced as long as it does not go over two pages.

Write your 4-H CWF Essay on the following pages or attach it at the end of the project record, using the following question topics to guide your essay:

1. Define "citizenship" in your own words.
2. What does it mean to be a citizen?
3. In what areas of your community are you a contributing citizen?
4. Why is citizenship important?
5. Complete one citizenship activity. Describe the activity, why you chose to do it, and what was accomplished, and how many people were impacted by this citizenship activity.

